



अंतर्चेतना

Antarchetana - The awakening

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Editorial

कुछ और है, कुछ और भी है, कुछ और भी होना चाहिए, पर क्या? सीमाबद्ध मस्तिष्क की तरंगें पछाड़ खा-खाकर तीर पर सिर पटकती हैं और तब मस्तिष्क का जिज्ञासा रूपी परिदा प्रश्न के रूप में प्रकट होता है। प्रश्न— गहरी अंतर्दृष्टि प्राप्त करने और अभिनव समाधान विकसित करने का सर्वोत्तम माध्यम है। उत्तर की अपेक्षा प्रश्न पूछना अधिक महत्वपूर्ण है क्योंकि प्रश्न पूछने की सोहवत में हम विषय को गहराई से पकड़ पाते हैं।

कक्षा में पढ़ाते समय कई बार मुझे यह अनुभव हुआ है कि प्रश्नोत्तरी क्रिया 'सुग्गापाठ' बनती जा रही है। विद्यार्थी प्रश्न का मर्म जाने बिना उत्तर देने की जल्दवाजी करते हैं। इसका कारण हमारी शिक्षा पद्धति है जो पाठ्यक्रम पूर्णता और उत्तर केंद्रित है जिससे विद्यार्थी का मस्तिष्क कुंद हो जाता है। आवश्यकता इस बात की है कि विद्यार्थी स्वयं प्रश्न पूछने को उद्बृत हो तब उसकी जिज्ञासा के साथ-साथ परिकल्पना उत्तर के रूप में पनपेगी और वह सीखना सीखेगा। जब वह बाहर की दुनिया में कदम रखेगा तो उसके पास तकनीकी साधनों का अंवार तो अवश्य होगा पर कार्य पूर्णता न होने पर वह स्वयं से प्रश्न कर सकेगा और सही उत्तर की प्राप्ति के लिए पूर्ण आत्मविश्वास से गोता लगाकर उचित समाधान ढूँढ़ सकेगा।

विद्यार्थी को अच्छा विचारक बनाना शिक्षक और अभिभावकों के हाथों में है। जब वह अच्छा विचारक होगा तब उसमें प्रश्नों पर चिंतन-मनन करने की प्रवृत्ति का विकास होगा और तभी उसके विचारों की परिधि का दायरा बढ़ सकेगा। कई बार प्रश्नकर्ता के प्रश्नों से उसकी चिंतन-मनन क्षमता के साथ-साथ जिज्ञासा की पराकाष्ठा प्रदर्शित होती है, जो उसके लिए कई नए आयाम खोल देती है। यह तभी संभव है जब अभिभावक पूर्ण मनोयोग से बच्चों के प्रश्न, जिज्ञासा और कल्पना पर ध्यान दें। परिणामस्वरूप वह अपने मन में उठे प्रश्न के एवं समाज द्वारा किए गए प्रश्न के उत्तर देने में सक्षम होगा।

अपने आप से प्रश्न करना भी अत्यंत आवश्यक है। गुरु द्वारा आश्रम से निकाल दिए जाने पर निराश वरदराज ने पत्थर पर रस्सी से पड़े निशानों को देख स्वयं से प्रश्न किया कि, "कोमल रस्सी की रगड़ से, कठोर पत्थर पर निशान हो सकते हैं तो सतत अभ्यास से मैं विद्वान क्यों नहीं बन सकता?" वस एक इसी प्रश्न ने वरदराज को झकझोर दिया परिणामस्वरूप उत्तर ढूँढ़ने की जिज्ञासा, अनुभूति, सोच और आत्म-जागरूकता उत्पन्न होते ही उन्होंने पाणिनी व्याकरण की रचना कर डाली।

पठन-पाठन अभिगम के दौरान विद्यार्थियों को स्वचालित मशीन की तरह तराशने की अपेक्षा उनकी चिंतन क्षमता और भागीदारी को प्रोत्साहित किया जाना चाहिए। प्रत्येक विषय के कालांश में कुछ मीनिट की ही सही ऐसी व्यवस्था अवश्य करें जिसमें विद्यार्थी प्रश्न पूछने के लिए स्वतंत्र हो और शिक्षक भी उसका यथोचित मार्गदर्शन अवश्य करें। तभी विद्यार्थी संकोच की दीवारें तोड़ कर केवल तन से नहीं बल्कि मन से अपने अभिभावक एवं शिक्षक के पास निकटता का अनुभव करेगा। इस समय तुलना के जाल में उलझने की अपेक्षा प्रश्नों की गुणवत्ता पर ध्यान केंद्रित करना आवश्यक है।

क्यों न हम अपने ज्ञान को परिभाषित और प्रमाणित करते हुए एक रणनीति विकसित करें जिसका स्वरूप खुशनुमा हो, जिसकी परिभाषा ऊर्जादायी हो, जो सरल से सरलतम हो! हम प्रश्न पूछने पर रूढ़िवादी मान्यताओं की उपयुक्तता और औचित्य पर सकारात्मक विचार करें। यही समय की माँग है।

रेखा शुक्ला

PRE SCHOOL

Annual Sports Meet



The Pre-primary Annual Sports Meet 2019-20 was held on 9th & 10th January 2020. The Pallav children participated in march past and welcomed our esteemed parents by performing a melodious action song. Honourable Principal Shri Pawan Kumar Sharma addressed the gathering and formally declared the two-day sports meet open. All the children enthusiastically participated in a variety of fancy race and sprint events. Children's remarkable involvement made the event a grand success. Following this, parents took part in a variety of games. They appreciated the team spirit of Anandalaya staff. They also admired the innovative races, as they were a stimulus for inculcating multiple skills in children. At the end of the second day, a token of appreciation was awarded to every child for participating with the true sportsman spirit.

PRIMARY, SECONDARY AND SENIOR SECONDARY

IEO Prize Distribution Ceremony 2019



International English Olympiad (IEO) was held on 15th October 2019, in which 216 students from classes III to XII participated. Of these, 6 students won medals of distinction, 18 students bagged gold medals, 14 students secured silver medals and 14 won bronze medals. Prizes were awarded to meritorious winners in the assembly held on Wednesday, 8th January 2020. Miss Sharvi Devang Patel (III B), Miss Samruddhi Umapati Hegde (VI B), Master Chintan Vyas (VIII B), Master Rushil Patel (VIII B), Miss Surabhi Jha (XIII B) and Miss Bhakti Jain (XII D) won medals of distinction; they have qualified for Level 2 examination of IEO.

Anandalaya Mini Marathon 2020



Mini Marathon 2020 was organized on 11th January, 2020 on the occasion of National Youth Day with the objective of encouraging, inspiring and motivating students to improve their mental and physical health through running and exercise.



A total of 308 students took part in the Marathon which measured 4.5 kms spanning NDDB and IRMA campuses. On completion of the Marathon, trophies were awarded to the winners by the Principal Mr. Pawan Kumar Sharma. The list of winners is as follows:

Boys			Girls	
Position	Name	Class	Name	Class
1 st	Shivam V Thakor	XA	Falak	VIB
2 nd	Aryan Shah	XB	Vrunda Patel	VIIIB
3 rd	Shashwat Suthar	IXA	Sanchi Khimani	VIIIB
4 th	Neev M Patel	XB	Swasti Saxena	XA
5 th	Shiv Patel	VIIIA	Yashvi M Patel	VIIIA
6 th	Kevil Rana	XIC	Vishwa Patel	VIIIA
7 th	Rahil Almaz	IXA	Keni Joseph	IXB
8 th	Druval Zala	XIIB	Jiya Chavda	VIIIA
9 th	Sambu Karthikeya	XIB	Reni Joseph	IXA
10 th	Aayush Sheth	IXA	Jiya Patel	VIIIB

Workshop- The Awakened Citizen Programme

A two day workshop titled 'The Awakened Citizen Programme' was organized by CBSE and Ramkrishna Mission, New Delhi, on 7th and 8th January 2020 at Navrachna School, Vadodara. Resource persons for the programme were Mrs. Indrani Roy and Mrs. Piya Chakravarty. Two teachers, Mrs. Rupali Nandi and Mr. Saurabh Daniel attended the workshop based on Swami Vivekananda's philosophy of developing faith in one's infinite possibilities as well as the role of a teacher in inculcating values in students.

Mathematics Workshop

A workshop for teachers of Mathematics at the primary level was held at Bharatiya Vidya Bhavan's, Nadiad, on Saturday, 11th January 2020. Ms. Manjiri Patil conducted the workshop on various approaches for teaching subtraction, division of fraction, and shapes; she discussed about strategies to solve the misconceptions held by children as regards the concept of triangles. Ms. Patil also discussed with the teachers about the correct use of mathematical language in the classroom as well as innovative ways of using calendars and graph papers as teaching aids for topics as diverse as before-after numbers and algebraic expressions. The session was interactive and participating teachers were able to take away a number of innovative ideas. Ms. V.Jyothi and Ms. Anjna Patel participated in the workshop.

NCC 'A' Certificate Exam 2019-20



The NCC 'A' certificate examination 2019-20 was conducted on 19th January, 2020 and on 2nd February 2020 at Sardar Vallabhbhai Patel High School, Khetiwadi and at Anandalaya for girl cadets and boy cadets respectively. This examination included written and practical test.

CBSE National Science Exhibition 2019



CBSE National Science Exhibition was organized from 16th-18th January 2020 at Suncity School, Gurugram, Haryana. The theme for this year's exhibition was 'Science and Technology for Sustainable Development with a Thrust on Water Conservation.' Winners of zonal round, Master Shaswat Suthar and Master Rahul Chaudhary of class IX participated in this prestigious event with their teacher Ms. Aruna Chaudhary. They presented their exhibit 'SPARX as a Rover' under the sub-theme 'Future Transport and Communication'. There were a total of 599 exhibits from different parts of the country of which 54 exhibits were shortlisted by the judges. The top 27 entries were awarded a cash prize of Rs 5000 each. Team Anandalaya received a participation certificate and appreciation from the jury members.

Green Brigade- No Hunger Campaign



Student and teacher members of Green Brigade distributed food packets as part of 'No Hunger Campaign' on 24th January 2020. Children participated enthusiastically in the programme. They were sympathetic towards people sitting on the roadside in severe cold. They realized the difficulties of life for people having bare minimum access to a hygienic way of living.

71st Republic Day Celebration



The 71st Republic Day was celebrated with profound enthusiasm at Anandalaya. The celebration commenced with the 65 NCC Cadets as a Platoon escorting the Principal Shri Pawan Kumar Sharma to the saluting desk. The smart turnout & disciplined march by the energetic NCC Cadets rendered a very patriotic flavor to the entire programme. The meticulous NCC parade was followed by flag hoisting by the Deputy Head Boy Master Aditya Sikarvar and Deputy Head Girl Miss Isha Bhattacharjee. The school choir sang the National Anthem followed by Flag song and NCC song. The school gathered for the cultural programme near the Open Air Stage. The cultural programme started with traditional prayer. The tiny tots of Pallav presented a patriotic song. Group songs, based on folk songs from different parts of the country were presented by each house. Children danced to the rhythm of the patriotic song “Ek Bharat Sreshth Bharat” depicting the love for our Motherland. The Principal in his speech exhorted all to maintain the dignity of being a citizen of the Indian Republic.

SEWA Project- Inter House Advertisement Quiz



Students of classes XI C & D organized an inter-house advertisement quiz for the students of classes VII and VIII on 30th January 2020. A preliminary written round was held on 19th January 2020 to select the participants for the final round. Four students from each house participated in the final quiz. The final quiz consisted of rounds like audio round, video round, logo round, taglines round and so on. It was a student driven programme which provided an opportunity to act as quiz masters, time keepers, score keepers and anchors. All the students enthusiastically took part in the quiz. The quiz was truly a learning experience for both the audience and the participants. Master Aadarsh (VII-A), Master Rushil Patel (VIII-B), Master Dwij M. Thakkar(VIII-A) and Miss Ruja Vadher(VII-B) of Ullas House won the first prize and Miss Helly Patel (VIII-B), Miss Veda Patel (VIII-A), Miss Komal Sharma (VIII-B), Master Maharshi Rathod(VIIIA) and Miss Niharika Ballani(VIIB) of Harsh House won the second prize.

विश्व हिन्दी दिवस



विश्व हिन्दी दिवस के उपलक्ष्य में आनंदालय के प्रांगण में विशेष कार्यक्रम का आयोजन किया गया। कार्यक्रम का शुभारंभ प्रधानाचार्य श्रीमान पवन कुमार शर्मा जी के कर कमलों द्वारा दीप प्रज्वलित कर किया गया। हिन्दी जगत की महान विभूतियों पर आधारित गद्य और पद्य की विभिन्न विद्याओं द्वारा विद्यार्थियों ने सांस्कृतिक कार्यक्रम की प्रस्तुति दी जिसमें विद्यार्थियों ने नैतिक मूल्यों पर आधारित 'भरा समय ही खराब है' उक्ति की अवेहलना करते हुए नाट्य मंचन के द्वारा समय के महत्त्व को प्रतिपादित किया। भारतीय इतिहास में अपना नाम अमर करने वाली तीजन बाई द्वारा राष्ट्रहित में गाया गीत 'चुन-चुन के फूल ले लो, ये हिन्द का बगीचा गुलजार रह न जाए' प्रस्तुत किया गया। रामधारी सिंह दिनकर जी की राष्ट्रभक्ति से ओत प्रोत कविताओं को कार्यक्रम में सम्मिलित किया गया। प्रधानाचार्यजी ने इस विशेष कार्यक्रम को संबोधित करते हुए प्रत्येक मातृ भाषा के विशेष महत्त्व पर बल दिया। कार्यक्रम का मुख्य उद्देश्य विद्यार्थियों में हिन्दी के प्रति रूचि जाग्रत करना और विद्यार्थी जीवन के कर्तव्य की ओर अभिमुख होने की भावना को बलवती करना था।

Capacity Building Programme on Artificial Intelligence (AI)

Central Board of Secondary Education (CBSE) organised a 3-day capacity building programme on Artificial Intelligence in association with Intel at Delhi Public School, Ahmedabad, from 7th to 9th January 2020. Mr. Alpesh Shah attended the workshop. A number of activities were conducted across the duration of the workshop. The training focused on the implementation of Artificial Intelligence as a skill subject in class VIII and IX.



Pariksha Pe Charcha 2020



In the third edition of *Pariksha Pe Charcha*, the Prime Minister Mr. Narendra Modi interacted with students, parents and teachers on 20th January 2020 at the Talkatora Stadium, New Delhi. In this interactive session the Prime Minister addressed students, teachers and parents who tuned in from all over the country. For this the Prime Minister shared instances from his personal life to motivate and inspire students feeling stressed and anxious due to upcoming exams. Students of classes VI to IX and XI were shown the live telecast.

Martyrs' Day



Martyrs' Day was observed on January 30th, 2020 by the students and staff of Anandalaya. The contribution of Mahatma Gandhi towards the nation and its independence was revisited as all the students and staff members observed 2 minutes of silence at 11 am followed by singing of Gandhiji's favourite bhajan 'Vaishnav Jan' and Dhun. Commemoration of this day helped inculcate in young minds the invaluable lessons of peace and non-violence propounded and exemplified in Babu's life.

Farewell of Class 12 Students- Session 2019-20



The Farewell Programme for the 26th outgoing class XII batch of year 2019-20 was organised on 31st January 2020. It was planned, organised and executed by student volunteers from class XI. They worked in coordination with the class teachers of class XI. The programme began with a welcome speech given by Master Aum Pandya (XI A). He shared memories of the time spent with the senior most students. This was followed by a prayer sung by Master Aman Raithatha as the ceremonial lighting of the lamp by the Principal Shri Pawan Kumar Sharma and the class teachers of classes XII. A fusion kathak and bharnatnyam dance by Miss Kanchi Narang and Miss Kripsee Patel and a western dance by Ms. Drashti Macwan and Ms. Elish Baraiya set the event rolling as Ms. Isha Bhattacharjee and Master Shubhank Vyas performed a medley of groups songs, presented a skit interspersed with dance. The highlight of the evening was an original composition penned by Miss Agnya Patel (XIB) set to tune and sung by Master Aman Raithatha (XIA) showcasing the rich talent and classical Indian tradition. The Principal Shri Pawan Kumar Sharma along with the respective class teachers, presented mementos to each of the students. One student from each division of class XII gave speeches reminiscing about the years they spent at Anandalaya while studying and garnering invaluable lessons.

IAPT-NSE 2019-20

The screening test for the prestigious Indian National Olympiad (INO) - National Standard Examination (NSE) was conducted by IAPT on 17th November 2019 for Juniors (Classes VIII & IX) and for Seniors (classes X to XII) on 24th November 2019 at Anandalaya. A total of 21 students enrolled for NSE Physics, 24 students for NSE Chemistry, 12 students for NSE Biology, 13 students for NSE Astronomy and 25 students for NSE Junior Science. The following students scored Minimum Admissible Score (MAS - 50% of average score) in Physics, Chemistry and Biology subjects:-

1. Master Japan Bhatt (XII-A) NSE Physics
2. Master Meghal M. Varma (XII-B) for NSE Physics, Chemistry, Biology
3. Master Preet H. Shah (XII-B)- NSE Chemistry, Biology

CBSE Certificate of Merit

The Central Board of Secondary Education (CBSE) awards Certificate of Merit in each subject to the top 0.1% of the successful candidates in order to recognize their qualities and outstanding performance at its Secondary (Class X) and Senior Secondary (Class XII) Examination. We are glad to inform you that seven students of class X and five students of Class XII of Anandalaya have been awarded the Certificate of Merit for the subjects mentioned against their names which are as follows:

Class X

Sr. No.	Name	Subject
01	Aaryan Magnani	Social Science
02	Mudit Garg	Mathematics
03	Rohan Chaudhary	Mathematics
04	Sahil Hemalkumar Patel	Mathematics
05	Shreena Shah	Mathematics
06	Kirtankumar V. Patel	Science
07	Shivanshu Singh	Social Science

Class XII

Sr. No.	Name	Subject
01	Gauriben J Chauhan	Painting
02	Jinit P Singh	Physical Education
03	R. Madhusri	Biology and Chemistry
04	Raj Paresh Mehta	Chemistry
05	Devvrat Jaydeep Desai	Mathematics

Mother Language Day : मातृभाषा दिवस



As part of celebration of diversity the Mother Language Day was celebrated by the school library on 22nd February 2020. For this, the librarians Mr. Prashant and Mr. Vimal compiled books in various Indian languages and displayed them in the senior library. The display proved to be an enriching and engaging read as the readers of various languages discovered books in their 'MATRUBHASHA'.



22 फरवरी 2020 को मातृभाषा दिवस के उपलक्ष्य में आनंदालय के प्रांगण में विशेष प्रार्थना सभा का आयोजन किया गया। विद्यार्थियों ने इस अवसर पर संस्कृत, गुजराती, मराठी, बंगाली, पंजाबी, मलयालम, तेलुगु एवं भोजपुरी भाषा में सांस्कृतिक कार्यक्रमों की प्रस्तुति देकर मातृभाषा के प्रति अपनी निष्ठा व्यक्त की। मातृभाषाएँ विश्व की अनुपम धरोहर होने के साथ-साथ हमें अपनी संस्कृति और सभ्यता पर गर्व करना भी सिखाती हैं। मातृभाषा दिवस मनाने का उद्देश्य यह था कि भाषाई और सांस्कृतिक विविधता और बहुभाषावाद के प्रति लोगों की जागरूकता बढ़े। हम मातृभाषा का संरक्षण और संवर्धन करने के प्रति सचेत रहें। अपनी मातृभाषा को गौरान्वित करने की दिशा में एक कदम बढ़ाने का यह प्रयास आनंदालय के नन्हे बालवृंद द्वारा किया गया।